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| Speaking lesson plan |

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| Handling stress |

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| Instructor:  GangSanLee(Jessie) |  | Level:  Intermediate |  | Students:  11 |  | Length:  40minutes |

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| Materials:  Pictures for pre-activity(stressful situation pictures)  White board and markers.  A pair of worksheet (11 copies) |

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| **Main Aim;**  To enable Ss to develop their speaking by having Ss discuss their individual stresses.  To enable Ss to improve their skills through having Ss discuss their individual stress in life.  **Secondary Aim**;  Ss will talk about their stress by discuss and complete worksheet on stress  **Personal Aim;**  I want to reduce my TTT. |

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| Language Systems :  Phonology; reading ,distinctions between L/R,  Function ; debating, giving and receiving opinions  Discourse ; expressing opinion, asking questions  Lexis ; idioms, vocabulary  Structure ; interrogative sentences and pronouns |
| Language skill;  -*listening: listening to teacher’s instruction, demonstrations*  -speaking; participating in an activity, sharing ideas in a group  -Reading; reading the text ‘stress’ and worksheet  -Writing; answering T/F question, and answering opinion sheet | |

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| Assumptions :  Ss already know the T’s style of teaching and how to classroom works  Ss are intermediate level  Ss have already experienced getting stressed out and have already Known vocab.  Ss are able to express their ideas and opinions in English  Familiar with role-plays and acting out |

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| Anticipated Errors and Solutions :  .Ss don’t understand some vocabularies  Ss finish their task earlier than expected  Ss take longer to complete their task than expected |

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| **Lead-In** | | |
| Materials : Picture, Board and Markers | | |
| Time  1min  4min  5min | Set Up  Whole class | **Procedure:**  (Greeting)  : Hello, everyone! How are you today? How was your weekend? I hope your was better than mine.  (Eliciting and Prediction)  Showing Ss a picture to elicit the topic  -look at the pictures ( stressful conditions)  -what do you see in the picture?  -What are they doing?  -How do they look?  -can you tell us the conditions of the pictures?  --Ss tell about the pictures  -What comes to mind?(gets Ss’ ideas and write them  On the board)  -these pictures are related to each other. I’m sure that  They have the same topic.  Today, We’re going to talk about stress  (CCQ)  Is stress good for your health?  Does stress mean harmful thing?  When you get stressed do you feel good or not? |
| **Pre-Activity** | | |
| Materials : worksheet#1,Board and Markers | | |
| Time  6min | Set Up  Whole class  demonstrate | **Procedure:**  (Instructions)  -I want everybody to work in pair.  -to make a partner  -Distribute a cup which has folded paper in it  -After pick one of them, find the someone who is same word on it. You guys are going to work in pairs  -change your seat  Let Ss do this activity. Give Ss 3minutes  -I am a ------. I am so stressful  When I------------.  (ICQ)  -Are you work alone?  \_How much do you have time?  (demonstration)  T pick an word paper from the cup, when T picks a word paper, T say it loud “I am a nurse,  I am so stressful when I am asked by patient to change the doctor who cares of them.”  -let Ss do this activity.  You choose one paper  Make sentence  I’ll give you 3 min.  (ICQ)  Are you working alone?  How much time do you have?  Are you going to talk about the stressful moment? |
| **Main Activity** | | |
| Materials :  11 copies of worksheet#3,white board and markers | | |
| Time  7min | Set Up  Whole class  Whole class | **Procedure:**  1.Completing a questionnaire about stress and check the sums of it.  (instructions)  -let me give you guys a worksheet. This is about questionnaire about stress. Complete it. Let me give you 5minutes.  -How many minutes do you have?  -Are you working alone?  -What are you going to do with this paper?  -Did you finish worksheet? Then let’s sums up the scores.  T writes the rules on the board.  300 higher-very serious problem  250-299 high it could cause physical problem  200-250 not so much high  2.  -who had highest score?  -what things make you stressful?  -what things are helpful to relieve your stress?  -Let’s discuss the situation that you get stressed each other.  Two of you are getting to make a group. After listening your partner’s situation , you need to present of her/him.  Let me give you 5minutes  (ICQ)  -Are you working alone?  -How many minutes do you have?  -what are you going to do? |
| **Post-Activity** | | |
| Materials :  Markers and boards | | |
| Time  7min | Set Up  Pair work | **Procedure:**  -Role play-  Instructions  Now we are going to do real-play. One student could be an adviser and the other could be a person who has stress. let’s share our experience and how to overcome the situations  Closing  This is conclusion of my lesson. |