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| **Lead - In** |
| Materials: White Board & Markers, Vocabulary, Clip art,  |
| Time5 | Set UpWhole Class |  **Procedure**:-Greeting-ElicitingI will show some pictures and Guess Today’s topic. What do you see in the photo? What are they doing?What kinds of do you like exercise? Why do you like it? |

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| **Pre - Activity** |
| Materials: Whiteboard, Marker, the pre-question & previewing vocabulary paper. |
| Time553 | Set UpGroupsWhole Class |  **Procedure**: Presenting new vocabulary and phrases(Distribute the “Question in pre-reading & previewing vocabulary paper”)Explain / Elicit the vocabularies and phrases one by one.If Ss don’t know about words or phrases, explain to help their comprehension while drawing on the board.Make a group (2-3 students in one group) and share their own ideas with partner.1) Have you gone to a gym or health club? How often did you go?2) What did you exercise there?...etc(Distribute the “Question in pre-reading & previewing vocabulary paper”)Try to complete the sentences with the words and phrases. If you don’t know a word, you can look it up in the dictionary. CCQCan you speak more than your ideas?Isn’t it difficult?Share their own ideas. |

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| **Main Activity** |
| Materials: Whiteboard, Marker, 11 copies of the reading text (“touring a health club”), pencil, 11 copies of the worksheets ( “Q & A” and “True & false”) |
| Time57 | Set UpWhole ClassPairs &Individually |  **Procedure**:1. **Reading in Text .**

(Distribute the Reading text “ touring a health club” and Worksheet)**Instructions**Now we are going to read a conversation that between two students and instructors. At first, I’ll read it. I want you to follow while reading with your eyes and under line s. **CCQ**Where this conversation is happening?Who are speakers in this dialogue?What are they talking about?Do you have a question about this dialogue?Ask students if there are vocabularies they don’t know .If so, use the same methods used to be at the beginning of class. **2. Role-play.**So , now we are going to Role- play with your partner. You are , you are .1. **Solve the problems & Write own ideas.**

(Distribute the worksheet that “Q & A” and “True & false”)Now, I want you to solve the problems that “Q & S” and “True & false.” Turn next page, there are some questions.Solve and write you want to learn exercise..I will give 3 minutes.Check the answer.**CCQ**Are you done? How much time do you want?What did I solve? And What did I write? |
| **Post - Activity** |
| Materials: the supplementary reading text, pencil,  |
| Time5 | Set UpGroup.Whole Class |  **Procedure**:**Instruction**Now , we are going to play the game. This is twenty questions game.At first, you Image any word that today we learn about exercise. And guess. And then, ask to the person who are thinkingAn exercise. But you have to say “Yes” or “No.” only.**CCQ**What should you do?Do you have a word in mind?**closing**:(Give them the reading homework “the jumping rope”)Lastly, I am going to give homework . Read in fill in the blank until tomorrow.Today class is done, Did you enjoy it? Have a good day andDon’t forget do your homework after class.*Good job, you guys! See you tomorrow!* |