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| **Topic: Coffee can help you live longer** | | | | |
| **Instructor:** | **Level:** | **Age:** | **Number of Students:** | **Length:** |
| **Y.J.**  **(Yu Jung Shin)** | **Intermediate** | **Adults** | **6** | **50 Min.** |
| **Materials:**  **-Markers and White Board.**  **-6 copies of the text 'coffee can help you live longer.'**  **-6 copies of worksheets**  **-Mp3 file and a player**  **-A cup of coffee**  **-10 pieces of paper have number 1 to10 on it** | | | | |
| **Aims:**  **-SWBAT identify and use vocabulary and expressions by matching synonyms on worksheets.**  **-SWBAT Identify coffee's benefits through answering the true-false question on worksheets.**  **-SWBAT write their own ideas about coffee through finishing their homework.** | | | | |
| **Language Skills:**  **-Reading : Synonyms on worksheets.**  **-Listening : The speaker who is talking on Mp3 file and other students' words.**  **-Speaking : Answering the questions and discussing with other students.**  **-Writing : Doing Homework.** | | | | |
| **Language Systems:**  **-Lexis : Key vocabulary in the text and worksheets.**  **-Function : Guessing, giving and receiving ideas.**  **-Discourse : Expressing opinion** | | | | |
| **Assumptions:**  **Students already know:**  **-The teacher's style of teaching and the pace of the class.**  **-Students can express their ideas and opinions in English.**  **-Most students love to drink coffee very often.** | | | | |
| **Anticipated Errors and Solutions:**  **-Students may not know the vocabularies or synonym words**  **-> Give them a "Wait time" to guess from the text.**  **-Students may have wrong answer on questions.**  **->Speak slowly with a stress on key word that they might know it.**  **-Students may not talk during the discussion.**  **->Ask students and find the reason for it, and help them to speak. Otherwise, Give them the anwsers.** | | | | |
| **References:**  **Coffee can help you live longer** (n.d.). In Breakingnewsenglish. Retrieved November 19, 2015, from http://www.breakingnewsenglish.com/1511/151119-coffee.html  **Coffee drinking linked to a longer life** ( Ashley Welch. November 16, 2015). In cbsnews.. Retrieved November 28, 2015 from http://www.**cbsnews.com**/news/coffee-drinking-linked-to-a-longer-life/  **A Cup Of Joe May Lower Risk Of Death From Disease; Benefits Of Drinking Coffee Extend Lifespan** (Samantha Olson. November 16). In Medicaldaily. Retrieved November 28, 2015, from http://www.**medicaldaily.com**/cup-joe-may-lower-risk-death-disease-benefits-drinking-coffee-extend-lifespan-361780  **Coffee could literally be a lifesaver** (Carina Storrs. November 17). In Cnnphilippines. Retrieved November 28,2015 from http://**cnnphilippines.com**/lifestyle/2015/11/17/Coffee-could-literally-be-a-lifesaver.html | | | | |
| **Notes:** | | | | |

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| **Presentation:** | | | | | | | | |
| **Aims:**  **SWEAT will predict coffee's benefits through listening the text.** | | | | | | **Materials:**  **- a cup of coffee**  **- MP3 file and a player**  **- White board and Makers** | | |
| **Time** | **Set Up** | **Student** | | **Teacher** | | | | |
| **10min.** | **Whole class** | **Answering questions**  **Listening MP3 files and Guessing the main idea** | | **Procedure:**  *<Greetings>*  (Get into the classroom with a cup of coffee)  Good afternoon everyone, Did you have a great week?  *<Eliciting and prediction>*  I could not sleep much because of work.  I may drink 5 ~6 cups of coffee in a day.  (Drink coffee)  However, Does everyone like coffee?  ***<CCQs>***  *Is coke good for your health?*  *What should you drink for your health?*  *<Instruction>*  Now, We will listen to a story about coffee and try to figure out what the main idea is.  **During the listening write the key vocabularies on the board**  Claims, evidence, risk, furthe, premature, exactly,  Highlighted, complex, component, certain | | | | |
| **Notes:** | | | | | | | | |
| **Practice:** | | | | | | | | |
| **Aims:**  **-SWBAT identify and use key vocabulary and expressions by matching synonyms on worksheets.**  **-SWBAT Identify coffee's benefits through answering the true-false question on worksheets.** | | | | | | **Materials:**  **-Markers and White Board.**  **-6 copies of the text 'coffee can help you live longer.'**  **-6 copies of worksheets**  **-10 pieces of paper have number 1 to10 on it** | | |
| **Time** | **Set Up** | | **Student** | | **Teacher** | | | |
| **10min.**  **10min.**  **10min.** | **Whole class**  **Pairs**  **Individually**  **Pairs** | | **Listening the MP3 file of text**  **Discussing and Speaking with the partner about a topic**  **Writing the answer on the board**  **Reading and Answering**  **Guessing and Speaking the synonym words**  **Discussing with partner** | | **Procedure:**  *<Guiding questions>*  What is the main idea of this text?  What kinds of beverage can help you live longer?  *<Instruction>*  Now, We will make a pair and share your idea about a topic  As you can see, I wrote some vocabularies on the board during the listening. Those words will help you to find the main idea. You have 3 minutes.  ***<CCQs>***  *Are you working alone?*  *How long do you need to discuss with your partner?*  (3min. later)  Okay, Time's up.  Come out and write your sentence on the board  Correcting the errors  Great work. everyone  Let's move on to next activity  **(Distributes worksheet)**  Look at the number 1 on your worksheet  Choose the sentence between true and false  I will give you 5minutes.  (5min. later)  Times up, guys  Let's read a sentence and tell us your answer. Start with Student 1.  Everybody has an wonderful work.  Now, you can see the NO. 2 on worksheet.  You may just need a 1 minutes to line it up.  **<Demonstration>**  Choose the one of comprehension questions on worksheet and Answer it myself.  Everyone picks one piece and each group pick one more piece. Then, Each team has 3 questions.  You have 5minutes to write your answers on the board.  (5min. later)  Correct them | | | |
| **Notes:** | | | | | | | | |
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| **Production:** | | | | | | | | |
| **Aims: SWBAT listen and talk about their favorite drink and the reason.** | | | | | | **Materials:** | | |
| **Time** | **Set Up** | | **Student** | | | | **Teacher** | |
| **5min.** | **Whole class** | | **Answering the question** | | | | **Procedure:**  *<Instruction>*  Let's talk about your favorite drink and why do you like it the most?  ***<ICQs>***  *Is it possible that water is your favorite drink?*  *How about coke?*  *<Demonstration>*  I love to drink a coffee without any sweeteners because it makes me feel fresh.  Briefly, tell us your favorite drink.  Awesome everyone. | |
| **Notes:** | | | | | | | | |
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| **Post Production:** | | | | | | | | |
| **Aims: -SWBAT write their own ideas about coffee through finishing their homework.** | | | | | | **Materials:** | | |
| **Time** | **Set Up** | | **Student** | | | | | **Teacher** |
| **5min.** | **Whole class** | |  | | | | | **Conclude lesson**  For your homework,  Write one page paragraph about coffee.(200 words)  ***<CCQs>***  *Do we write an essay?*  *How much you write?*  *Can we write about the caffeine?*  *What kind of benefit will you get if you drink some coffee?*  Okay, You did really great job today.  Have a fabulous weekend, and see you on next time. |
| **Notes:** | | | | | | | | |

Coffee can help you live longer

There is good news for coffee lovers. A new report claims that regular coffee drinkers may live longer than those who do not drink coffee. Researchers say there is growing evidence that coffee benefits the health, makes you live longer, and reduces the risk of heart disease, type 2 diabetes, other life-threatening illnesses, and even suicide. The study was published by the American Heart Association. It looked at the coffee-drinking habits of over 200,000 people who drank between one and five cups of coffee a day. Researcher Dr Frank Hu said: "This study provides further evidence that moderate consumption of coffee may confer health benefits in terms of reducing premature death due to several diseases."

Scientists have been working hard to analyze exactly what is in coffee that provides so many benefits to the health. Dozens of reports in the past few decades have highlighted the positive effects it can have on the body. Dr Hu said it was still unclear precisely how elements within the coffee bean interact with the body. He said: "Coffee is a complex beverage. It's very difficult to pinpoint which component of coffee is responsible for which benefit." Researchers did not include highly caffeinated drinks in the study. They also pointed out that while coffee seems to have health benefits, added ingredients, such as cream, sugar and certain types of sweeteners, do not.

**1. TRUE / FALSE:** Read the headline. Guess if  a-h  below are true (T) or false (F).

|  |  |  |
| --- | --- | --- |
| a. | The article says there is good news for all lovers. | T / F |
| b. | Research suggests coffee can reduce the risk of type 2 diabetes. | T / F |
| c. | Researchers looked at more than 200,000 coffee drinkers. | T / F |
| d. | Researchers say coffee can reduce levels of premature deaths. | T / F |
| e. | The article says many reports in the past have said coffee is bad for us. | T / F |
| f. | A researcher said it is still unclear why coffee is good for us. | T / F |
| g. | Researchers also looked at caffeinated drinks in the study. | T / F |
| h. | Researchers said that cream added to coffee is good for us. | T / F |

**2. SYNONYM MATCH:** Match the following synonyms from the article.

|  |  |  |  |
| --- | --- | --- | --- |
| 1. | claims | a. | untimely |
| 2 | evidence | b. | part |
| 3. | risk | c. | proof |
| 4. | further | d. | focused on |
| 5. | premature | e. | more |
| 6. | exactly | f. | says |
| 7. | highlighted | g. | complicated |
| 8. | complex | h. | particular |
| 9. | component | i. | possibility |
| 10. | certain | j. | precisely |

**3. Comprehension Questions**

1.Who is there good news for?

2.What type of diabetes can coffee reduce the risk of?

3.Who published the study?

4.How many coffee drinkers did the study look at?

5.What kind of coffee consumption can lead to health benefits?

6.Who has been working hard on analyzing the health benefits of coffee?

7.What effects have reports highlighted over the past few decades?

8.What kind of beverage did Dr Hu say coffee was?

9.What kind of drinks were not included in the study?

10.What has no health benefits besides cream and sugar?

Write one page paragraph about **Coffee**.(200words)

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