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| ■ Listening ☐ Speaking ☐ Reading ☐ Grammar ☐ Writing |
| **Topic: Be healthy with vegetarianism** |

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| Instructor:  Hana Bong | Level:  Intermediate | Students: 20 | Length: 40min |

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| Materials:  - Computer, screen, board and speaker  - Worksheet #1- Checking vocabulary (20 copies)  - Worksheet#2- True or false questions (20 copies)  - Worksheet#3- Dictation (20 copies)  - Worksheet#4- Vegetarianism Survey (20 copies) |

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| Aims:  - Main Aim: Ss will improve their listening skill by doing the dictation.  - Secondary Aims: Ss will practice vocabulary related to article by doing worksheet#1.  Ss will make their own sentence by making Vegetarianism Survey.  - Personal Aim: I want my Ss to be interested in their health. |

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| Language Skills:  **Listening: Ss will listen to the news about vegetarian.**  Speaking**:** Ss will present the result of Vegetarianism Survey.  Reading: Ss will read the article about vegetarian.  Writing: Ss will write the question about vegetarianism. |

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| Language Systems:  Lexis: New vocabularies in the article  Function: Presenting  Discourse: Make the Vegetarianism Survey |

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| Assumptions:  Students already know  - Some vocabulary in this article  - How the class is set up and run (there will be 2 student groups at each table). |

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| Anticipated Errors and Solutions:  -If Students cannot listen to the vocabulary easily.  : First, the teacher do the class work until the students understand the unfamiliar vocabulary and then play the audio if students want to listen to one more.  -If a particular group can require the discussion time more.  : Teacher gives about 1 or 2 mins more |

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| References: <https://www.listenaminute.com/v/vegetarianism.html>  <http://www.elllo.org/english/1451/1481-Jen-WorstGift.htm> |

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| **Lead-In** | | | |
| Materials: None | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 5 min | Pairs | **Greeting and Introduction**  Good morning, everyone. How are you today?  What did you eat yesterday? Today, we will talk about food.  Before we start, please think about everything you ate yesterday. Then, talk with your partner that which food is healthy and unhealthy. | Discussing about the questions with partner. |

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| **Pre-Activity** | | | |
| Materials: Worksheet #1 (20 copies), Board | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 5min | pairs | **Procedure**   1. **Pre-teaching vocabulary**   Today’s topic is ‘Be healthy with vegetarianism”  Now, we will learn new vocabulary about the topic.  (Hand out worksheet #1)  **Instruction**  These words are related today’s topic. First, you will find out the meaning of words below with your partner.  Then, fill in the blanks with the correct word.  **Demonstration**  Here is an example. The first word is ‘Edible’. Do you know the meaning of this word?  (Let student answer)  Find the right sentence above when this word used.  You have 5 minutes.  **ICQ**  Are you working in pairs?  How much time do you have?  **Check the answer**  Ok. Let’s check the answer with you partner. | Students fill in the blanks. |

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| **Main Activity** | | | |
| Materials: worksheet#2, worksheet#3, worksheet#4 (20 copies each of them) | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 5Min  5Min  15Min | Individual/Pairs  Individual/Whole Class  Whole class | **Procedure**   1. **Listening for Main Idea**   **Instruction**  Now, listen to the article. After listening, we will find out which sentences are true or false.  (Hand out worksheet #2)  We will start.  (After listening)  Find out the answer. I will give you 5minutes to finish.  **ICQ**  Are you working alone?  How much time do we have?  **Check Answer**  Let’s check the answer with your partner.   1. **Listening for Details**   **Instruction**  Now, listen again and write the correct word in the blank.  (Hand out Worksheet#3)  (Listen the article)  **CCQ**  What’s in the first blank?  (The correct word)(Check all answers as a class)   1. **Vegetarianism survey**   **Instruction**  Now, what we will have to do is make a vegetarianism survey.  (Hand out worksheet #4)  Write five GOOD questions about vegetarianism in the table. Do this in pairs. Each student must write the questions on his / her own paper.  **Demonstration**  For example, I wrote “How many times a week do you having a meat?  I will give you 5 minutes to write it down.  **ICQ**  Are you work in pairs?  How much time do you have?  **Monitoring**  (Check to see if the students are on track. Answer to questions.)  **Instruction Continued**  When you have finished, interview other students. Write down their answers. I will give you 10minutes.  (After 10min)  Now return to your original partner and share what you found out.  (After 5 min)  Make mini-presentations to other groups on your findings | Students Listen the article  Students find the answer  Students fill in the blanks  Student make questions |

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| **Post Activity** | | | |
| Materials: | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 2min | Whole Class | **Conclude lesson**  Review the conversation and vocabularies worksheet what you learned today.  Did you enjoy this activity? Did you have any difficulties?  You did a good job. Have a nice day. See you next class. | Student answer to the teacher’s questions. |

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| **SOS Activity** | | | |
| Materials: worksheet #4 | | | |
| Time | Set Up | Teacher Talk | Student Activity |
| 5min | Whole class | **Discussing**  (If students finish their tasks(main activity -Vegetarianism Survey) earlier than anticipated)  If you finish the work with your partner, change partner. Then discuss what you found out. I will give you 5 minutes. | Students discuss with each other. |

**Article**

**Be healthy with vegetarianism**

Annette Larkins shows off her garden in her Miami-Dade Country backyard. It’s full of fruits and vegetables. Every corner of her garden has something that is edible. She also collects rainwater to drink and water her plants. Annette says the food in her garden is her Fountain of Youth.

Aneette’s husband owned a meat store in the 1960s. That’s when she became a vegetarian, but as the year went by, she became a raw vegan. She does not eat any animal product; her food is unprocessed, and uncooked. Annette also juices fruits and veggies. You name it, she can juice it. Grapefruits, pineapples, even spinach.

But not everyone in the Larkins’ family eats and drinks this way. Annnette’s husband of almost 54 years chose to continue to eat the way he did when they were first married. Amos Larkins says people even wonder Annette is his wife.

Amos takes prescription medicines daily for high blood pressure and diabetes. Annette says she doesn’t even take an Aspirin.

Because friends and strangers kept asking her questions about her health and youthful appearance, she decided to publish two ‘Journey to Health’ booklets and she produced a DVD, 12 years ago.

So how old is this size 4 beauty? Annette just turned 70 years old.

**Worksheet #1**

1. Fill in the blanks with the words below.

I want to my fashion sense to my friends.

Find a plant that looks , and taste some of it.

People with must use this drug regularly.

Eat natural, foods, instead of instant food.

You can have this filled at any drugstore.

Lettuce’s plant, and even its flowers, can be eaten or cooked.

We bought a about the castle from the tour company.

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| Edible Prescription Booklet Raw Unprocessed Show off Diabetes |

**Worksheet #2**

True/ False

1. Annette’ husband Amos owned a vegetable store. (T/F)
2. Everyone in the Larkins’ family eats raw food. (T/F)
3. Amos was not a vegetarian before, but after marrying Annette, he became a vegetarian. (T/F)
4. Annette juices fruits and vegetables.. (T/F)
5. Annette takes prescription medicines daily for diabetes. (T/F)
6. She will publish booklet and DVD soon. (T/F)

**Worksheet #3**

Dictation-Fill in the blanks while listening the article.

Annette Larkins shows off her garden in her Miami-Dade Country backyard. It’s full of fruits and vegetables. Every corner of her garden has something that is edible. She also collects rainwater to drink and water her plants. Annette says the food in her garden is her Fountain of Youth.

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So how old is this size 4 beauty? Annette just turned 70 years old.

**Worksheet #4**

**Student Vegetarianism Survey**

Write five GOOD questions about vegetarianism in the table. Do this in pairs. Each student must write the questions on his / her own paper.

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|  | Student1 1 | Student 2 | Student 3 |
| Q.1 |  |  |  |
| Q.2 |  |  |  |
| Q.3 |  |  |  |
| Q.4 |  |  |  |
| Q.5 |  |  |  |